



**LETOURNEAU
UNIVERSITY**

Department of Counseling

School of Psychology and Counseling

Report 2022-2023

Department of Counseling

The Department of Counseling houses the MA Clinical Mental Health Counseling (CMHC) degree, which follows the 2016 CACREP standards. This report outlines key data from 2022-2023 academic year (Fall, Spring, and Summer).

Faculty

During the Spring 2022 term, a Core Faculty member resigned for personal reasons, and at the end of the summer 2022 term, another graduate counseling faculty member resigned. For Fall 2022, two new faculty members were hired. The interviewees included one African-American male, three African American females, and two Caucasian females. The African-American male decided to stay with his current university, two African American females and one Caucasian female were not a mission fit. The new faculty members hired were one African American female and one Caucasian female.

Curriculum

the Core Faculty reviewed the specialty courses related to Clinical Mental Health Counseling. After deliberations, the decision was to remove two courses from the curriculum and replace them with two new courses for Fall 2023. The new specialty courses for Clinical Mental Health Counseling are Professional Orientation in Clinical Mental Health Counseling and Abnormal Human Behavior: Case Conceptualization and Treatment Planning. These courses better align with the Clinical Mental Health specialty. These changes were also reviewed with adjuncts, alumni, and other stakeholders.

Student Data

Enrollment: Fall: 92; Spring Enrollment: 83; Summer Enrollment: 82

Completion: Fall: 10; Spring: 3; Summer: 8

NCE Pass Rate:

Employment:

Program Activities and Objectives

Below is information regarding the overall program.

- The Clinical Mental Health Counseling program hired two new core faculty members.
- Core Faculty delivered five presentations through local and regional platforms.
- Some faculty members engaged in clinical service providing about 250 clinical hours of counseling.
- Core Faculty attended various professional counseling conferences.
- Core Faculty are actively involved in research related to posttraumatic growth, mental health and military families, and social media and mental health.
- graduates took the NCE

Program Objectives and Student Learning Outcomes are evaluated at the end of each academic year. The university requires each academic area to provide an Institutional Effectiveness (IE) report. This report provides the program outcomes, course alignment, measurement tool, data collection

process, target level of performance, results and modifications. This data is discussed with the graduate Core Faculty and the Dean.

The students in the M.A. CMHC program took COUN 5043 Psychopathology, COUN 5023 Counseling Skills and Techniques, COUN 5083 Counseling Theories, and/or COUN 5033 Ethical, Legal and Professional Standards. The SLOs were met for each of these courses.

Program Objectives and Key Performance Indicators

Additionally, the Core Faculty collects and analyzes data related to program objectives and key performance indicators. The data is reviewed by the faculty.

Program Objectives	Core Area	KPI	Course/Instrument	Target Outcome	Results
Explain and implement ethical decision making skills	Professional Orientation	2.F.1.i. Application of Ethical and Legal Considerations in Counseling	COUN 5033 Professional Orientation and Ethical Standards: Case Study Assignment	80% meet or exceed the requirement of 80% or above	Fall: 94% of students met or exceeded the requirements of 80% or above Spring: 95% of students met or exceeded the requirements of 80% or above Summer: 93% of students met or exceeded the requirements of 80% or above
Demonstrate knowledge and skills of culturally, developmentally, and ethically sensitive counseling	Social and Cultural Diversity	2.F.2.c. Understand and Apply Multicultural Counseling Competencies	COUN 5093 Counseling Diverse Populations: Final Role Play	80% meet or exceed the requirement of 80% or above	Fall: 94% of students met or exceeded the requirement of 80% or above Spring: 89% of students met or exceeded the requirement of 80% or above
Understand the interpersonal aspects of theodicy, the dynamics of spiritual direction, and means by which to address spirituality in counseling	Social and Cultural Diversity	2.F.2.g. Recognize and Evaluate the Impact of Spiritual Beliefs on Clients' and Counselors' worldview.	COUN 5093 Counseling Diverse Populations: Philosophy of Counseling Paper	80% meet or exceed the requirement of 80% or above	Fall: 87% of students met or exceeded the requirement of 80% or above. Spring: 92% of students met or exceeded the

					requirement of 80% or above.
Demonstrate knowledge and skills of culturally, developmentally, and ethically sensitive counseling	Human Growth and Development	2.F.3.a. Demonstrate Theories of Individual and Family Development Across the Lifespan	COUN 5073 Lifespan Human Development: Application Paper	80% meet or exceed the requirement of 80% or above	Fall; 80% of students met or exceeded the requirement of 80% or above. Spring: 93% of students met or exceeded the requirement. Summer: 91% of students met or exceeded the requirement of 80% or above.
Acquire and apply counseling skills, clinical assessment, testing, and intervention in counseling cases	Career Development	2.F.4.i. Utilize Assessment Tools and Techniques Relevant to Career Planning and Decision Making	COUN 5223 Career Counseling and Lifestyle Development: Career Counseling Assessment Paper	80% meet or exceed the requirement of 80% or above	Fall: 93% of students met or exceeded the requirement of 80% or above. Spring: 97% of students met or exceeded the requirement of 80% or above. Summer: 93% of students met or exceeded the requirement
Analyze and apply theories and skills related to individual, couples, and group counseling	Group Counseling and Group Work	2.F.6.g. Understand and Implement Ethical and Culturally Relevant Strategies for Designing and Facilitating Groups	COUN 5203 Group Counseling: Process Group Assignment	80% meet or exceed the requirement of 80% or above	Fall: 98% of students met or exceeded the requirement of 80% or above. Spring: 99% met or exceeded the requirement
Develop and describe a philosophy of counseling and professional identity	Counseling and Helping Relationships	2.F.5.f. Develop Professional Counselor Characteristics and Behaviors	COUN 5023 Counseling Skills and Techniques: Final Role Play COUN 5033 Professional Orientation and	80% meet or exceed the requirement of 80% or above	Fall: 91% met or exceeded the requirement of 80% or above. Spring: 92% of students

			Ethical Standards: Philosophy of Counseling		met or exceeded the requirement Fall: 87% met or exceeded the requirement Spring: 93% of students met or exceeded the requirement Summer: 90% met or exceeded the requirement
Acquire and apply counseling skills, clinical assessment, testing, and intervention in counseling cases	Assessment and Testing	2.F.7.1. Understand the Use of Assessment Results to Diagnose Developmental, Behavioral, and Mental Disorders	COUN 5133 Psychological Testing: Test Administration and Report	80% meet or exceed the requirement of 80% or above	Spring: 88% of students met or exceeded the requirement of 80% or above. Summer: 91% met or exceeded the requirement
Explain research methodologies and program evaluation and its application to individual, couple, and family counseling	Research and Program Evaluation	2.F.8.f. Understand Qualitative, Quantitative, and Mixed Research Methods	COUN 5053 Research Methods: Research Proposal	80% meet or exceed the requirement of 80% or above	Fall: 83% met or exceeded the requirements Spring: 94% met or exceeded the requirement
Demonstrate an understanding of contemporary issues, which include but not limited to gender, sexual orientation, addiction, and violence in treatment of individuals, couples, and families	Clinical Mental Health Counseling Specialty	5.C.1.c. Principles, Models, and Documentation Formats of Biopsychosocial Case Conceptualization and Treatment Planning	COUN 5583 Addictions Counseling: Treatment Plan COUN 5091 Couples Therapy and Assessment: Role Play	80% meet or exceed the requirement of 80% or above	Spring: 94% of students met or exceeded the requirement Summer: 93% met or exceeded the requirement Fall: 95% of students met or exceeded the requirement
Acquire and apply counseling skills, clinical assessment, testing, and intervention in counseling cases	Clinical Mental Health Counseling Specialty	5.C.3.a. Demonstrate Ability to Implement Intake Interview including Mental Status Exam, Biopsychosocial	COUN 5113 Human Sexuality and Sex Therapy: Final Treatment Project	80% meet or exceed the requirement of 80% or above	Fall: 93% met or exceeded the requirement Spring: 100% met or exceeded the

		History, and Assessment for Treatment Planning			requirement
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Program Evaluation

Core Faculty reviewed the overall program including student body, employment, and receiving licensure

Student Demographics MA Clinical Mental Health Counseling

Fall 2022, we had 94 students enrolled; Spring 2023, we had 83 students enrolled, and Summer 2023 had 82 students enrolled. 89% of students are female, and 11% are male.

The below chart illustrates the ethnicity of the students:

Ethnicity	2022-2023
American Indian/Alaskan Native	2%
Asian	1%
Black/African American	28%
Hispanic	7%
Two or More Races	10%
Unknown/Not Reported	0
White	52%
Total	100%

Based on the data, the Core Faculty recognizes the low enrollment of male students and will continue to strategize on how to increase enrollment of male students. Although East Texas is dominantly Caucasian, Texas, overall, has a high Latino population. Faculty will develop a goal to market to the Latino community.

Core Faculty

Current Core Faculty includes three Caucasian females and one African American female. The faculty will work on diversifying the faculty the next time a full time position is open.

2022-2023 Matriculates

Major	Title	Fall 2022	Spring 2023	Summer 2023
CMHC	MA Clinical Mental Health Counseling	15	10	8

Completions

Major	Title	Fall 2022	Spring 2023	Summer 2023
CMHC	MA Clinical Mental Health Counseling	10	3	8

Job Placement

About 93% of our students work at least part time. Students work in a variety of settings including schools, nonprofit agencies, insurance companies, and mental health- related field.

NCE

Of the 21 graduates, 18 took the NCE and 100 % passed on the first attempt. One passed the NCE on the second attempt, and two have not taken the NCE. Nineteen are now LPC-Associates and work either part time or full time in the counseling profession.

Alumni Survey

Alumni were sent a survey Fall 2022 with 6 graduated in 2021-2022 and 5 graduated in 2020-2021 for a total of 11 participants. Ten stated that they are currently LPC-Associate and one applied but is waiting verification. Ten are members of American Counseling Association. Ten stated that graduate school experience prepared them well for their current work, and one stated that graduate school experience somewhat prepared them for their current work.

Site Supervisor Survey

Site Supervisors were surveyed Spring 2023 with 4 of the 18 completing the survey. The participants responded to the following statements about their graduate student intern(s):

1. Drew from an adequate knowledge base for practicum/internship: 50% stated strongly agree and 50% stated somewhat agree
2. Demonstrated an adequate skill base to enter practicum/internship: 50% stated strongly agree and 50% stated somewhat agree
3. Displayed appropriate professional dispositions expected of counselors: 50% stated strongly agree, 25% stated somewhat agree, and 25% stated somewhat disagree
4. Integrated ethics and ethical decision-making throughout their placement: 75% strongly agree, and 25% somewhat agree
5. Considered social justice issues and demonstrated multicultural competencies throughout their placement: 75% strongly agree, 25% neither agree nor disagree
6. I would hire my intern if we had a position for this student: 50% strongly agree, 25% neither agree nor disagree, and 25% somewhat disagree
7. LETU supervisors connected with me two or more times during the semester. 25% strongly agree, 50% somewhat agreed and 25% somewhat disagree
8. I felt comfortable contacting LETU faculty if I had a concern: 100% strongly agree
9. I believe there was adequate support from LETU: 75% strongly agree, 25% somewhat agree
10. Comments included the need for electronic means of tracking hours and signing documents; provide more support for students in the area of documentation, and we noticed that having the intern see clients only when their site supervisor was on site made it difficult for the supervisor and the intern to schedule adequately.